

# Understanding Teenagers Seminar

**“Teenagers are one of the most misunderstood and most misinterpreted groups in our society.”**

Easily tagged as moody and temperamental, this only serves to distance them further from those who want the best for them. But we’ve all been teenagers before, and we all know the difficulties that arise with this stage in your life – love, friendship, peer-pressure, education – how are they expected to cope with so much going on in their life?



**The Mind of a teenager:**  
How do they view the world, and how do they cope with emotional situations?



**The World of a teenager:**  
Family, friends, education, media and love – how do they influence their mind?



**The Connecting Process:**  
How can you effectively communicate and influence them to ensure they realise their potential?

## **Seminar Details:**

Suitable for parents, teachers and all those who work with teenagers

## **Location:**

2 Vantage Park, High View Close, Hamilton, Leicester, LE4 9LJ

## **Dates & Times:**

The seminar is 14 hours in length:

Friday 3rd July 2009: 6pm - 8pm

Sat 4th July 2009: 10am - 5pm

Sun 5th July 2009: 10am - 5pm

## **Seminar Fee:**

£7.15 per hour

## **Number of places available:**

10 people

## **Contact Details:**

Please contact Vinay on

**(0116) 2766663**, or email

**vinay@wecomeonestudio.co.uk**



The Institute for Global Change (IGC) is an innovative research organisation specialising in Understanding People. Politically independent, IGC promotes its research through reports, briefings, events, and training courses. Originally set up at Princeton University, USA, the Institute has been involved in pioneering courses for all ages in Leicester since 2004. Headed by Dr. Sachin Nandha, IGC runs a variety of cutting-edge courses as well as working closely with Leicester City Council on new programmes aimed at adding real value to teachers and students.

Dr. Sachin Nandha is pioneering thinker on human behaviour, and is the founder and Head of Research for the Institute for Global Change. His studies on human behaviour have been applied to a variety of different groups, from senior managers to local students. He also spends much of his time writing and giving talks, contributing articles and debates in newspapers and on radio, including The Independent, BBC Radio 4 and the Leicester Mercury.



**Seminar Details:**

Suitable for parents, teachers and all those who work with teenagers

**Location:**

2 Vantage Park, High View Close,  
Hamilton, Leicester, LE4 9LJ

**Dates & Times:**

The seminar is 14 hours in length:

Friday 3rd July 2009: 6pm - 8pm

Sat 4th July 2009: 10am - 5pm

Sun 5th July 2009: 10am - 5pm

**Seminar Fee:**

£7.15 per hour

**Number of places available:**

10 people

**Contact Details:**

Please contact Vinay on

**(0116) 2766663**, or email

**vinay@wecomeonestudio.co.uk**